

Kaigang Li, PhD, MEd, CHES

2014 Recipient

Kaigang Li, PhD, MEd, CHES
Assistant Professor
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Research Interests and Accomplishments

Dr. Kaigang Li is an Assistant Professor in the Department of Health & Exercise Science, Colorado State University since fall 2015. Kaigang Li received his PhD in Health Behavior from Indiana University School of Public Health at Bloomington (2003-2010), completed post-doctoral work at the University at Albany (2010-2011), and worked as a Research Fellow in the Health Behavior Branch at the Eunice Kennedy Shriver National Institute of Child Health and Human Development (2011-2015). Before coming to the U.S., Dr. Li worked at China Institute of Sport Science as an Associate Professor in exercise physiology.

Dr. Li has broad background and established expertise in health behavior research including survey study, experimental research, and intervention on child/adolescent/adult health and risk behaviors. Dr. Li's research interests include adolescent drinking and driving, causes and prevention of motor vehicle crashes among novice young drivers, dose-response association of physical activity with obesity and cardiometabolic risk factors. He has laid the groundwork for the research by applying behavioral theories, implementing research design, and conducting quantitative research methodology and statistics. As Co-Investigator or key personnel Dr. Li has been involved in many NIH-funded intramural and extramural grants such as the ongoing 7-year nationally representative, longitudinal "NEXT Generation Study" project, "Experimental Research on the Effect of Teenage Passengers on Teenage Driving Performance," "A Childhood Obesity Prevention Program Designed by Families for Families." He has published more than 30 peer-reviewed scientific articles and delivered over 35 professional conference presentations. Dr. Li has served on review board of three journals and a reviewer for over 30 journals.

Quote from Dr. Li

"AAHB an ideal health behavior research community where I have learned from and been driven by first-rate scholars and their outstanding achievements. Receiving the JKB Early Career Award is great recognition and honor which gave me an enormous impetus for continuing my passion and pursuing more achievements in this field."