

Mohammad Torabi, Ph.D.
4th AAHB President (2004-2005)

When did you attend your first Academy annual meeting? As one of the Founding Members, I have been engaged with the Academy from its inception and attended almost every annual meeting.

What attracted you to AAHB? This is the only professional organization in our field with the sole mission of advancing, and promoting health behavior research. So, its mission, and wonderful, and dedicated members have been the main reasons for me.

What do you value about the Academy and why did you choose to be involved as President? Its mission, its members, its publications, its national meetings, and quality of the presentations.

What was your vision for AAHB when you assumed the role of President? Promoting the Academy, recruiting new researchers, and advocating for its fiscal solvency.

What was your biggest accomplishment as President? Others should judge that.

Where do you see AAHB in the next 10 years? A prominent, internationally recognized organization with diverse membership.

Do you have any advice for students and early career researchers? Research is the backbone of our profession; they should consider doing the followings: Identify good mentors and follow their advice, attend the AAHB, and other national conferences, and do networking. Take qualitative, quantitative, theoretical, and methodological courses very seriously. Try to present and publish their good work. Do not be afraid of rejection, and failure. Learn from them and move on.